

Traveling with Diabetes

Managing diabetes while traveling requires extra preparation to ensure your health stays on track.

Tips for Staying Healthy

- Consult your doctor before your trip to discuss any necessary adjustments.
- Keep a checklist to ensure you don't forget important supplies.
- Pack extra supplies in case of emergencies or travel delays.
- Wear a medical ID bracelet.
- Carry snacks to maintain your blood sugar levels.

To see the full list of travel tips, visit bit.ly/tips-for-travel.



At ADS and US MED, we provide comprehensive support to help those living with diabetes manage their health, even while on-the-go. Contact us for assistance with your diabetes supplies.

We're committed to your health. Contact us today for more information.

ADS

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US MED

The Advanced Diabetes Supply Group



Advanced Diabetes Supply
Website: www.advanceddiabetessupply.com
Patient Support: 1-866-422-4866
Email: customer care@northcoastmed.com



US MED
Website: www.usmed.com
Patient Support: 1-877-840-8218
Email: customerservice@usmed.com