

How to Use Control Solution

Control solution is a crucial tool for maintaining the accuracy of your glucose meter. By regularly testing your meter with control solution, you can ensure that your blood glucose readings are reliable.

Why Use Control Solution?

- **Accuracy:** Control solution helps verify the accuracy of your glucose meter and test strips.
- **Calibration:** It ensures that your meter is calibrated correctly to provide accurate readings.
- **Early Detection of Issues:** Regular testing with control solution can help identify potential problems with your meter or test strips quickly.

When to Use Control Solution

- When starting with a new meter or test strips
- After dropping your meter or exposure to extreme weather, such as temperature changes or humidity
- When blood glucose readings seem unusual, inconsistent, or inaccurate
- As recommended by your healthcare provider, based on your individual needs

How to Use Control Solution

1. **Prepare the Meter:** Insert a new test strip into your meter and ensure it's ready.
2. **Shake the Control Solution:** Gently shake the bottle of control solution to mix the contents.
3. **Apply the Solution:** Apply a drop of control solution to the test strip as instructed in your meter's user manual.
4. **Read the Results:** Wait for the meter to display the result. Compare this result to the target range specified on the control solution bottle.



Important Considerations

- **Storage:** Store control solution according to the manufacturer's instructions, typically in a cool, dry place.
- **Expiration Date:** Check the expiration date on the bottle and discard any expired solution.
- **Manufacturer's Instructions:** Always follow the specific instructions provided by the manufacturer of your glucose meter and control solution.

By using control solution regularly, you can ensure that your blood glucose meter provides accurate readings and helps you manage your diabetes effectively.

Let ADS Support Your Diabetes Journey

At Advanced Diabetes Supply (ADS) and US MED, we're committed to providing you with the highest quality diabetes supplies and support. From glucose meters to insulin pumps, we offer a wide range of products to help you manage your diabetes effectively.

We're committed to your health. Contact us today for more information.



Advanced Diabetes Supply

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